

# Room-by-room decluttering checklist:

## Kitchen

### Donate:

- ☐ Duplicate gadgets.
- ☐ Unused small appliances.
- ☐ Unused fancy dinnerware.
- ☐ Cookbooks you don't use.
- ☐ Excess trays, platters, glassware, children's plates.

### Throw away:

- ☐ Foods you tried but didn't like.
- ☐ Damaged plasticware.
- ☐ Food containers with no matching lids.

## Bedroom

### Swap out:

- ☐ Bedding for the season.

### Put away:

- ☐ Off-season bedding.
- ☐ Excess pillows and piles of clothing.
- ☐ Jewelry (in a dish or box).
- ☐ Unread books, glasses, etc. from nightstands.

### Donate:

- ☐ Excess or outdated decor.
- ☐ Clothes in drawers that are no longer worn.

## Bathroom

### Toss out:

- ☐ Expired cosmetics, skincare products and medications.
- ☐ Products you don't use/like.
- ☐ Worn-out hair ties and accessories (put ones you use in a container).
- ☐ Dead or dying plants.
- ☐ Containers that look nice but are never used.
- ☐ Bulk paper products, shavers, etc. (store them in a closet).
- ☐ Past-their-prime razors and bath puffs.
- ☐ Empty shampoo/ conditioner bottles.

## Closet

### Let go of:

- ☐ Clothes and shoes you no longer wear.
- ☐ Unworn, outdated or damaged accessories.
- ☐ Excessive hangers or unused storage containers.
- ☐ Bedding/linens that no longer fit or are damaged.
- ☐ Unused sports or fitness equipment.
- ☐ Loose holiday decor.

## Living Room

### Get rid of:

- ☐ Excess decor on coffee and side tables.
- ☐ Extra throw pillows.
- ☐ Dated knickknacks.
- ☐ Any excess furniture.
- ☐ Old newspapers and magazines.

## Office

### Donate:

- ☐ Under-capacity filing cabinets.
- ☐ Excess or stagnant decor.
- ☐ Old electronics.
- ☐ Unused books.

### Trash:

- ☐ Broken or worn-out furniture.
- ☐ Dried up pens/pencils with no erasers.
- ☐ Broken staplers, hole punchers, etc.

